## REPORT

## RAAHAT ACTIVITIES

## (ACADEMIC YEAR JUNE 2020- MAY 2021)

1. Name of the activity organized - Inter College Webinar

Title of the activity -Healthy practices to cope up with visual demands in current scenario

Date of the activity organized-October 03,2020

Name of the coordinator- Ms Prabhjot Kaur and Dr Aradhna Mehtani

Name of the resource person- Dr Geetika Bindra MBBS, DNB Ophthalmologist. She is presently working at Apollo Gleneagles Hospital, Kolkata.

Place of the activity - Online

No of participants (Students + Staff) 200

Objective of activity- To make students, teachers and other participants aware about the vision problems that were being faced by them during covidtimes by using electronic devices.

Outcome of the activity- Participants were aware and conscious about their eyesight

2. Name of the activity organized - Webinar

Title of the activity - Significance of social service in our daily lives

Date of the activity- November 28,2020

Name of the coordinator- Ms Prabhjot Kaur and Dr Aradhna Mehtani

Name of the resource person - Ms Tanvi M. Sukhija. She is a life coach and Corporate Mentor

No of participants: (Students + Staff)-63

Place of the activity - Online

Objective of the activity- To motivate students for social service

Outcome of the activity- Students got aware of importance of social service.

3. Name of the activity organized- Inter College and Inter Community Webinar

Title of the activity- Truth about drugs

Date of the activity- December 10,2020.

Name of the coordinator- Ms Prabhjot Kaur and Dr Aradhna Mehtani

Name of the resource person - Eminent and erudite Entrepreneur, Professor, Trainer, Behaviour and Leadership Coach Mr. C. Devidasan. Mr Devidasan is also a volunteer with

'Foundation for A Drug-Free World, India', an organization that aims to help the public, especially youth choose a drug-free life by educating them on the harmful effects of drugs. Their main objective is 'to reach children before the dealers do.' The foundation is operating in 164 countries.

No of participants (Students + Staff)-100 Many elderly people and also the families affected by this evil took part in the webinar.

Place of the activity - Online

Objective of activity- To enlightened the students regarding the menace of drugs in our society and its fatal repercussions on an individual.

Outcome of the activity- Students got aware about harmful effects of drugs.

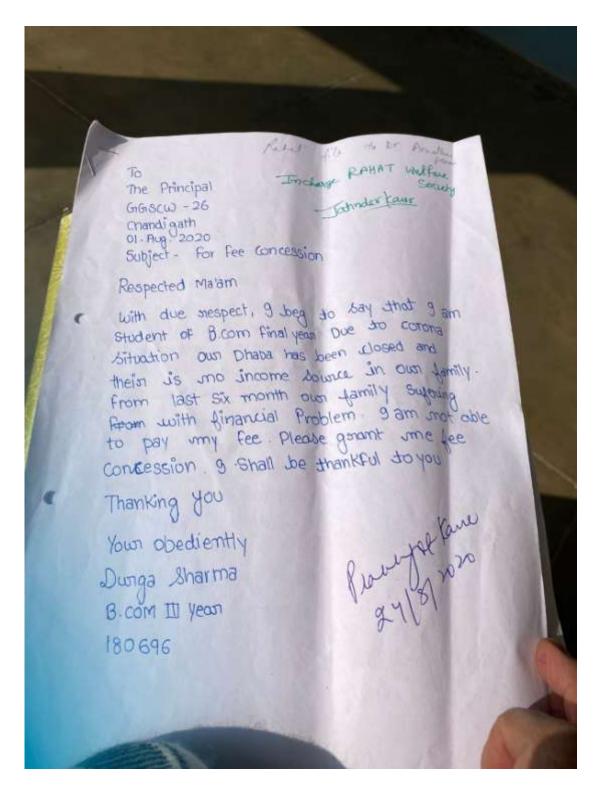
Financial Assistance: 6 students of the college were given financial help worth Rs. 26,725.

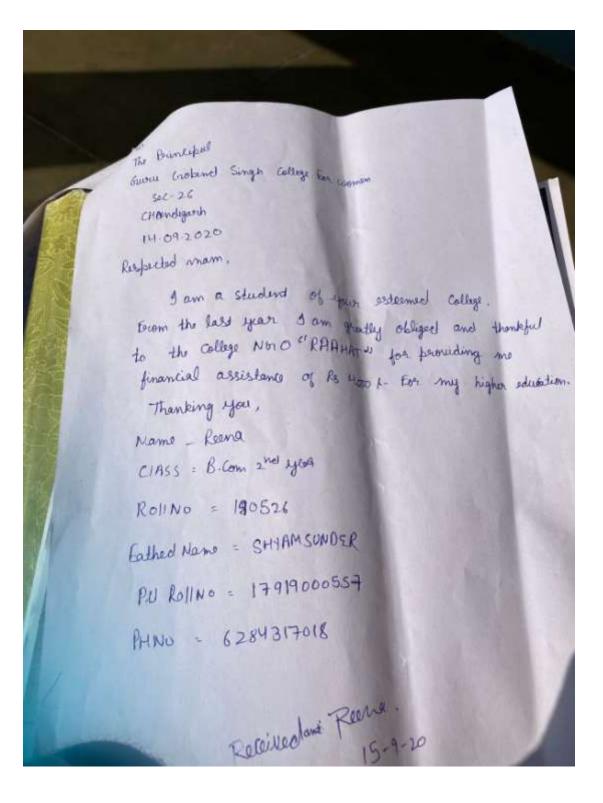
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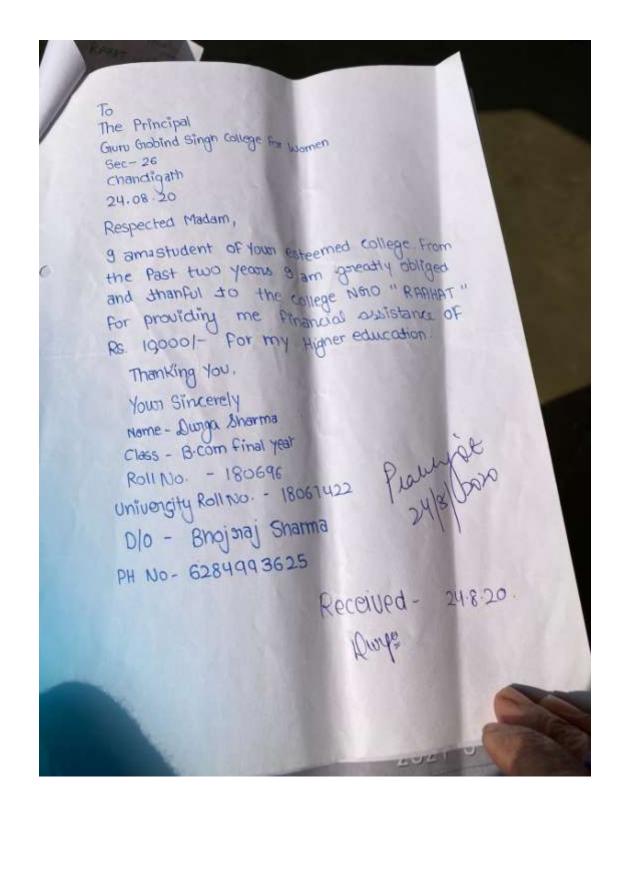
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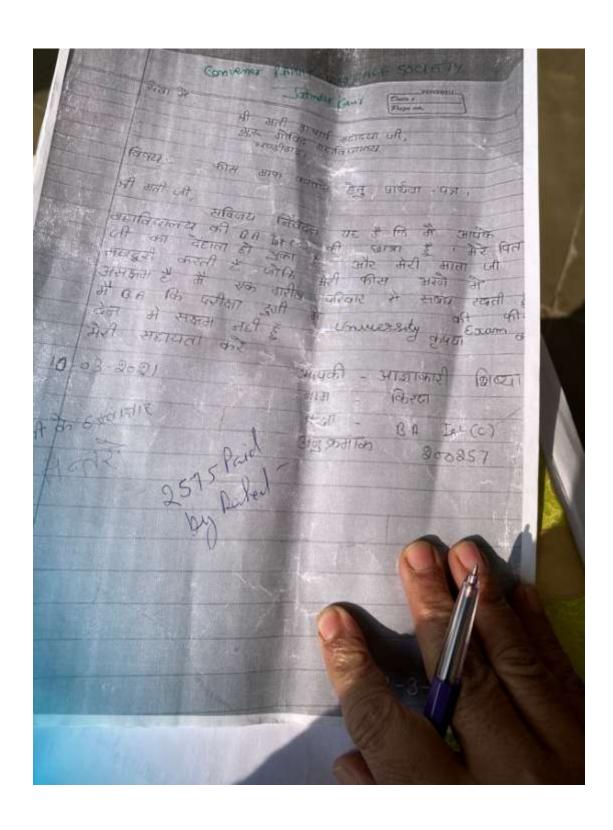
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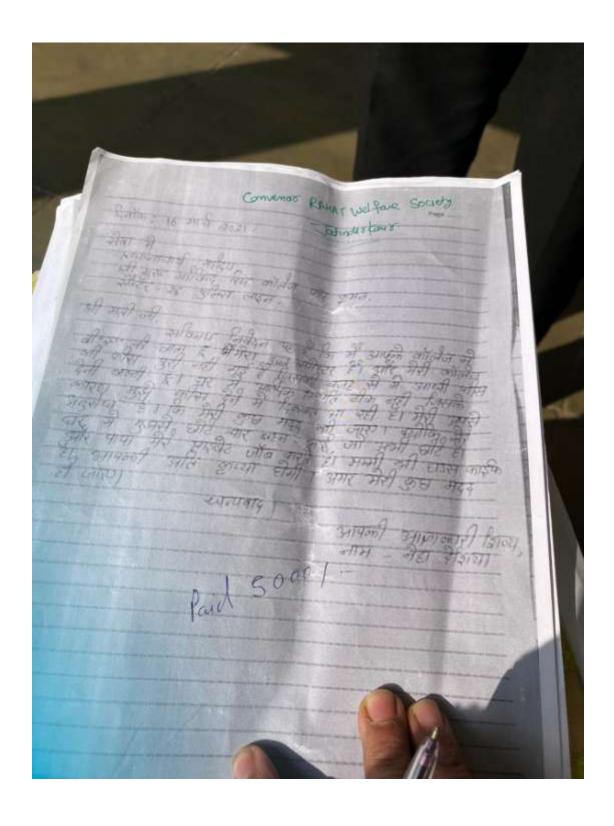
## RAAHAT: FINANCIAL ASSISTANCE PROOF



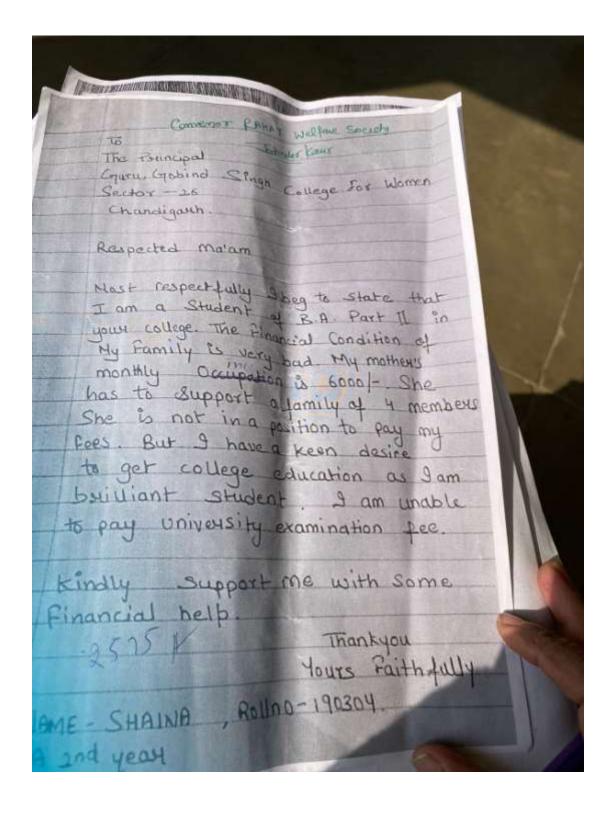


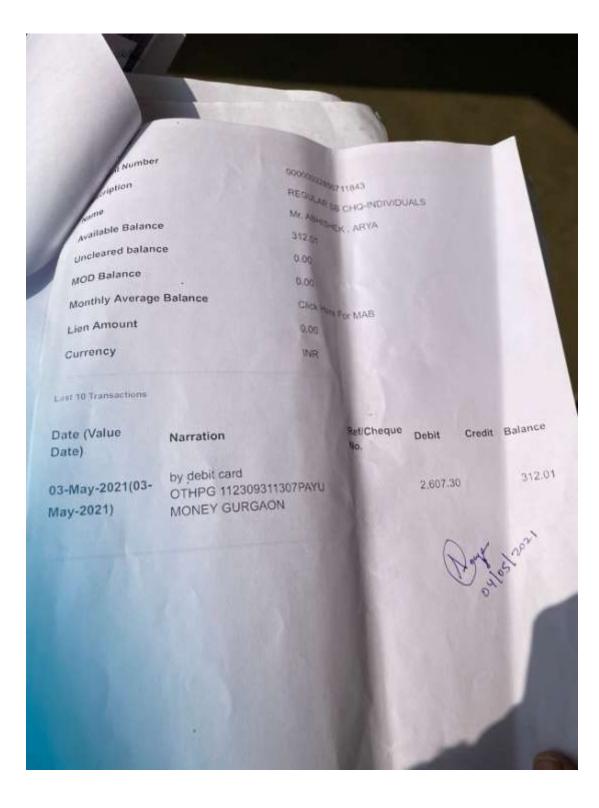






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