

NATIONAL SERVICE SCHEME

The **National Service Scheme (NSS)** is an [Indian government](#)-sponsored [public service](#) program conducted by the Ministry of Youth Affairs and Sports of the [Government of India](#). Popularly known as NSS, the scheme was launched in [Gandhiji's](#) Centenary year in 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community (esp. Villages) linkage.



The symbol for the NSS has been based on the giant Rath Wheel of the world-famous [Konark Sun Temple](#) (The Black Pagoda) situated in [Odisha](#), India. The wheel portrays the cycle of creation, preservation and release. It signifies the movement in life across time and space, the symbol thus stands for continuity as well as change and implies the continuous striving of NSS for social change. The eight bars in the wheel represents 24 hours of a day. The red colour indicates that the volunteer is full of young blood that is lively, active, energetic and full of high spirit. The navy blue colour indicates the cosmos of which the NSS is tiny part, ready to contribute its share for the welfare of the mankind. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and uplift.

The programme aims to instill the idea of social [welfare](#) in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their [standard of living](#) and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. It also provides help in natural and man-made disasters by providing food, clothing and first aid to the disaster's victims.

NSS wing of the college has two NSS units comprising of 100 volunteers each. Each unit is managed by one program officer. NSS units undertake various activities for the benefit of the society which also leads to the overall development and grooming of the personality of the volunteers.

NSS ANNUAL REPORT

2016-17

NSS wing of the college has two NSS units comprising of 100 volunteers each. NSS Program Officers for both the units are Ms. Savneet Kaur, Assistant Professor - Commerce and Ms. Madhur Ojha, Assistant Professor – Economics. NSS activities started with an orientation programme on 1st August 2016 which was inaugurated by Prof. Bikram Rana, SLO, NSS, Chandigarh. During the session 2016-17, following activities were undertaken:

a) International Yoga Day

A 21 day camp was organized by NSS in the college for celebrating International Yoga Day on 21st June 2016. Volunteers who participated in the camp were taken to Capital Complex, Sector 2, Chandigarh in lieu of celebration of International Yoga Day on 21st June 2016 where Prime Minister of India, Sr. Narendra Modi had come. Volunteers were provided with yoga kits by the UT Administration, Chandigarh. Around 85 volunteers were registered for the camp.



b) Dengue Awareness Drive

A dengue awareness drive was organized by Red Cross Society and NSS team in August 2016. 46 volunteers participated in the drive with full zeal. Volunteers were taken to sector 19 Chandigarh for two days to create awareness among the society where they went for door-to-

door campaigning. They checked the houses for any kind of water logging and instructed the households to empty the containers, coolers, etc. which had water and told them to change the water on daily basis. Volunteers also educated the households regarding the safety measures against dengue.



c) Azaadi 70:

To mark 70 years of Independence, an event called “**Azaadi 70**” was organized on 23rd August 2016 to promote National Solidarity and Peace. A Human Chain was formed by the members of Student Welfare Committee, NSS volunteers and other students comprising of 500 people. Various sub-events like Poster making, Tattoo making, Essay writing, Slogan writing and Poetry recitation were organized on and around the main theme of Independence. Respected Principal of the college Dr. (Mrs.) Charanjeet Kaur Sohi, addressed the students and filled the atmosphere with a united feeling of Nationalism with her enlightening words. The winners of different competitions were awarded prizes by the Principal. The event ended with a note of unity amongst the students, representing the country as a whole.



d) Orientation Drive

An Orientation Drive was held on 7th August 2016 to welcome the volunteers for the new session of NSS. NSS State Liaison Officer Mr. Bikram Rana inaugurated the orientation session and encouraged the volunteers to serve the society and become a better person. Also, the volunteers were explained the agenda of various activities to be held during the coming session.



e) Tree Plantation Drive

A Tree Plantation Drive on 26th August 2016 was held to create awareness about the importance of tree plantation. This drive was organized by the members of Environment Society, NSS volunteers and other students. Respected Principal of the college Dr. (Mrs.) Charanjeet Kaur Sohi, NSS State Liaison Officer Mr. Bikram Rana addressed the students and filled the atmosphere of Go Green with their enlightening words. All the students showed keen interest in the event, and participated with great fervor.



f) Workshop on Digitalization

A one day workshop on Digitalization was held in Panjab University, Chandigarh on 20th September, 2016. 10 volunteers participated in the workshop. Various competitions were held in the Law Auditorium, Panjab University where team of six volunteers from our college participated in the quiz.

g) NSS day Celebration

The day at the college started with a lecture on health and hygiene by Dr. Amarjeet Singh and Dr. Ishwarpreet Kaur from Community Medicine Department, PGI, Chandigarh to mark the celebration of NSS Day on 26th September'2016. A quiz was conducted out of the presented session. Principal Dr. Charanjeet Kaur Sohi awarded the winners with prizes.



h) NSS 7 Day Special Camp

Nss Special Camp 2016-17 was held from 11th October 2016 to 17th October 2016. During the camp various activities like Campus Cleaning drive, Thanks Giving, Joy of Sharing, visit to Snehalya Orphanage, Sewa at Gurudwara Nada Sahib, Sports competitions, Dusshera Celebrations and Raavan making, etc. were held. Also, workshops like Health and Hygiene by Dr. Seerat Chiraya (GMSH Sector 16 Chandigarh), Stress Management workshop by Sister Neha and Sister Vandana (Brahma Kumaris Sector 33 Chandigarh) and Art and Craft workshop by Ms. Narita Wadhera and Ms. Kommal (Creative Hands Hobby Classes) were conducted. 110 NSS volunteers participated in the camp with full vigour and enthusiasm to make the camp a great success. The camp concluded with valedictory function where Professor Bikram Rana, SLO NSS and Ms. Navdeep Sharma, NSS Coordinator, P.U., Chandigarh handed over trophies and prizes to the volunteers.





NSS special camp concludes

The NSS special camp was held in Guru Gobind Singh College for Women, Sector 26, Chandigarh, from October 11 to 17. Various activities like campus cleaning drive, thanksgiving, joy of sharing, a visit to Snehalya orphanage, sewa at Gurdwara Nada Sahib, sports competitions and Dusshera celebrations were held. Also, workshops like health and hygiene by Dr Seerat Chiraya (GMSH, Sector 16, Chandigarh), stress management workshop by Neha and Vandana (Brahma Kumaris, Sector 33, Chandigarh) and art and craft workshop by Narita Wadhwa and Kommal (creative hands hobby classes) were conducted. As many as 110 NSS volunteers participated with full vigour and enthusiasm to make the camp a great success. TNN

NSS camp at Guru Gobind Singh College for Women

CHANDIGARH: An NSS camp was held at Guru Gobind Singh College for Women, Sector 26, from October 11 to October 17. During the camp, various activities such as cleanliness drive, thanks giving, joy of sharing, visit to Snehalya orphanage, sewa at Gurudwara Shri Nada Sahib, sports competitions, Dusshera celebrations and Raavan making were held. Also, workshops on health and hygiene by Dr Seerat Chiraya (GMSH, Sector-16 Chandigarh), stress management workshop were conducted. About 110 NSS volunteers participated in the camp.



i) Diwali Exhibition

NSS volunteers put up a diwali exhibition in the college campus where they sold candles, photo frames, diyas, greeting cards and other material made by the volunteers during special camp. The college staff and students purchased all of the items displayed in the exhibition making it a great success. The proceeds from the exhibition were used to buy gifts for orphans in Prabh Aasra.



i) Rashtriya Ektah Saptah (National Unity week)

To convey the message of unity, peace and harmony to the students, Rashtriya Ektah Saptah was organized in the college from 31st October 2016 to 7th November 2016. The celebration started with the Rashtriya Ekta Diwas pledge and Cleanliness drive, run for unity and candle light march. Also, To promote the spirit of sportsmanship and national unity, “MS Dhoni – The Untold Story” was screened in the seminar room on 7th November, 2016. Volunteers enjoyed the movie and the message of sportsmanship and unity was absorbed well amongst them.



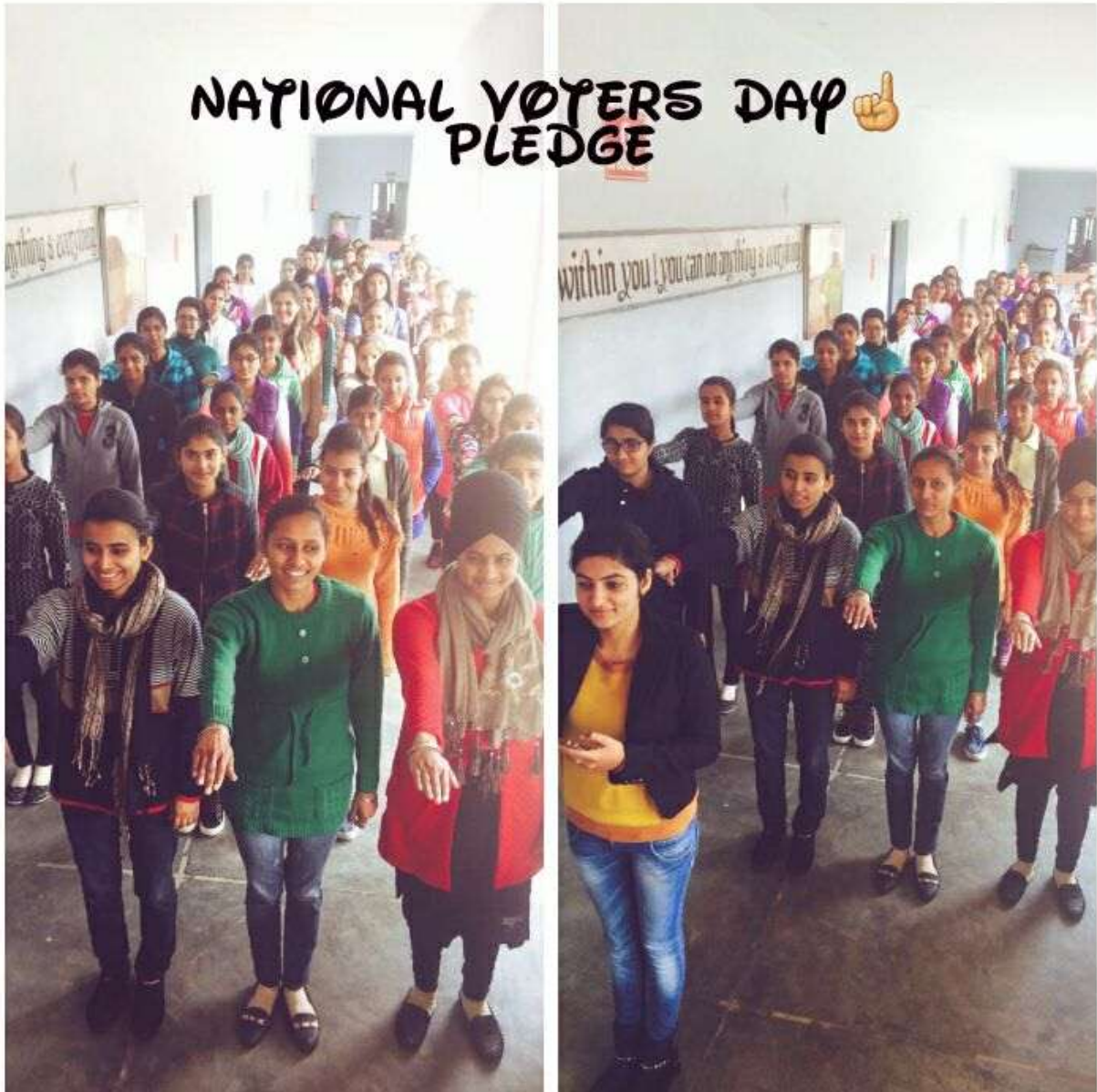
j) Festival of Sharing

“Festival of Sharing” drive was organized from 26th Dec 2016 to 28th Dec 2016 to inculcate the habit of sharing among youth and mobilise their energy towards social service. This drive was organised for three days in the college. Cartons were kept in the college where warm clothes, blankets quilts and other woolen articles were collected. Students, college faculty as well as friends and relatives of the faculty were allowed to donate the articles in the college. After the collection, the articles were distributed by the NSS volunteers near the vicinity of the college.



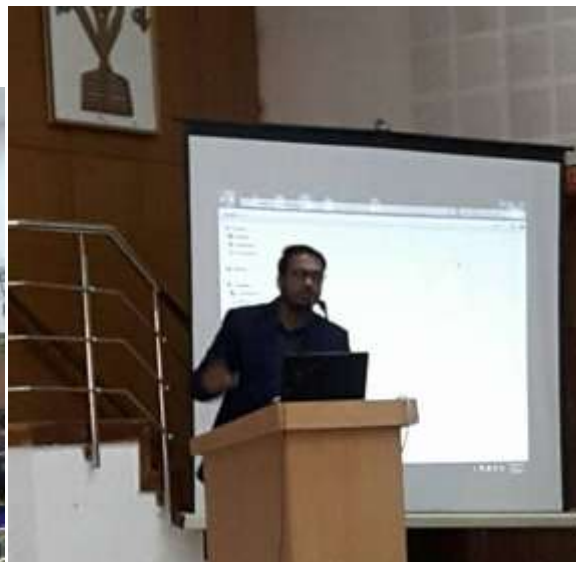
k) National Voters Day

National voter's day was celebrated in the college campus on 25th January, 2016. 80 volunteers participated in the event and took the National Voters Day Pledge. After the pledge, an awareness drive was carried out in the campus by the volunteers and they encouraged staff and students to exercise their right to vote.



l) VISAKA Workshop and Registration

Volunteers got themselves registered under VISAKA scheme of MHRD in the month of December 2016, to become cashless and use online modes for monetary transactions. A one day workshop was organized by Mr. Sharik Ali from the VISAKA team of MHRD on 10th February, 2017 to impart training to the volunteers for encouraging the shopkeepers in the vicinity to turn cashless and get themselves registered under various online schemes for the same.



m) Workshop on Cruelty Against Animals

A one day workshop was organized by the Department of Fine Arts in collaboration with NSS wing on 17th March, 2017. The main focus of the workshop was to make the students aware about the cruelty against farm animals. The key speaker for the day was Mrs. Swarnali Roy from Humane Society International, India, who dwelt upon the need for protecting animals in Labs, Farms, Wildlife and improving Street Dogs Welfare. She also explained the various emotions that animals go through before they are cut for consumption by human beings.



n) Blood Donation Camp

NSS wing in collaboration with Red Ribbon Club and Ratract Club organized a Blood Donation camp on 10th March, 2017 in the college campus. The camp was inaugurated by Secretary SES, Col. (Retd.) Jasmer Singh Bala and college principal Dr. (Mrs.) Charanjit Kaur Sohi. A total of 100 units of blood were collected by a team of doctors from GMCH, Sector – 32, Chandigarh.



Guru Gobind Singh College for Women, Sec-26, Chandigarh
NSS ANNUAL REPORT 2017-18

NSS wing of the college has two NSS units comprising of 100 volunteers each. NSS Program Officers for both the units are Ms. Savneet Kaur, Assistant Professor – Commerce and Ms. Madhur, Assistant Professor – Economics. During the session 2017-18 following activities were performed by the NSS volunteers.

Campus Cleanliness Drive

The Campus cleanliness drive was organized by NSS Volunteers to clean and beautify the campus on 1st August, 2017. The volunteers cleaned the college lawn, corridors and parking area. They also organized an awareness drive and discussed the benefits of clean surroundings with college students and class IV employees.





Tree Plantation Drive

The NSS Volunteers along with NCC Cadets of the college organized a Tree Plantation drive on 3rd August 2017. The volunteers planted 50 saplings around the campus. Respected Principal of the college Dr. (Mrs.) Charanjeet Kaur Sohi motivated the students to plant trees and enlightened them on the theme Go Green.





Lecture on Cleanliness, Hygiene and Health

A lecture on cleanliness, hygiene and health was delivered by Dr. Savneet Bedi (Psychologist) on 5th August, 2017. She enlightened the students about the benefits of cleanliness, hygiene and health on women's life. All the volunteers participated with great fervor and spirit.





Poster Making Competition

A Poster making competition was held in college on 8th August, 2017 on the theme “Clean and Green Surroundings”. This competition was organized by the NSS volunteers to create awareness among the students of the college. Students participated in the competition with great zeal and winners of the competition was awarded prizes by the Principal.



Cleanliness Pledge

NSS volunteers took a pledge on 8th August, 2017 to keep their city and surroundings clean and green. Volunteers swore to imbibe by the rule of green and blue dustbins and that each of them will teach at least ten people the benefits of clean and green surroundings.



Eye and Dental Check-up Camp

An eye and dental checkup camp was arranged by the NSS team in the college campus on 18th August, 2017. Dr. M.S. Mongia, a volunteer from Sri Granth Sahib Sewa Society made arrangements for the camp. Dr. Nitin, eye surgeon and Dr. Harmit Kaur, dental surgeon were present with their teams. College Principal Dr. Charanjeet Kaur Sohi inaugurated the camp in which over 300 students got their check-up done.



SWACHHTA PAKHWARA

1st September' 2017 - Clean Campus Day

The NSS volunteers along with the college students cleaned the college campus in groups. Different areas were allotted to each group for cleaning including classrooms, college basement, labs, administrative office, principal's office, staff rooms, store rooms, student centre, library, canteen area etc. Overhead tanks were also cleaned by the students and a team of hired labourers. All the volunteers and College students took part in the drive with great zeal.



6th September' 2017 - Clean Surroundings

On day 6th of Swachhta Pakhwara, the staff of GGSCW, sector-26, Chandigarh collaborated with the Municipal Corporation Chandigarh to clean the surrounding roads and outside premises of the institution. The team of MCC comprised of 10 sweepers, their supervisor and inspector of the surrounding area. Their sweepers swept the roads, footpaths and outer premises of the college. The sweepers of the college cleaned the inner premises alongwith the gardeners especially in the badminton court area. The MCC employees and the college staff rendered their services with full cooperation and dedication to accomplish the objectives of Swachh Bharat Abhiyan driven by our Hon'ble Prime Minister Shri Narendra Modi.





7th September' 2017 - Care for Surroundings

The activity on day 7th of Swatchhta Pakhwara was to study the garbage cleaning systems in public spaces under the theme of "Care for Surroundings". The faculty and the students of GGSCW, sec-26, Chandigarh organised this activity in collaboration with Municipal Corporation Chandigarh. The faculty and the students observed the garbage cleaning and collection system in their surroundings. They captured pictures and video recorded the process and enquired from the concerned MCC employees about it. The students and teachers interviewed the sweepers, garbage collecting and disposal employees from MCC. The MCC employees informed that the garbage collection vehicles (rehdis, small tempo, trolleys and trucks) collect the garbage from the streets, markets, parks and others public spaces. The waste is then collected at the locations marked by the MCC. There onwards it is transported to dumping grounds for further process like recycle, compost making etc.



8th September' 2017 - Visit to slum area to explain the concept of cleanliness; wall writing on cleanliness and health

NSS team of the college went to Bapu Dham Colony, sector 26, Chandigarh, to check the garbage disposal system followed there. It was found that the M.C. Safai karamcharis sweep the area once a day and collect the garbage and litter. This garbage is thrown to the assigned area with big dustbins installed by MCC along with movable garbage carts. The MC vehicle then transfers this garbage to the dumping site. Volunteers pasted awareness posters on the walls encouraging the residents to keep their surroundings clean. Residents were also encouraged to use the blue and green dustbins provided to them by the M.C.





9th September' 2017 - Visit to markets nearby to study the system of cleaning

The NSS team visited sector 9, Chandigarh market to study their cleanliness and garbage disposal process. Volunteers interacted with the shopkeepers to enquire about how they get their shops clean and where they throw the garbage. All the shopkeepers have employed sweepers to clean their shops who keep the garbage in bags outside the shops. The area Safai Karamcharis collect these bags from outside the shops and from the dustbins installed in the market areas. They take this garbage to the allotted areas of that particular sector where large dustbins are kept. The M.C. staff then takes this garbage to the garbage dumping site for further processing.



10th September' 2017 - Visit to a Government Hospital to study garbage disposal

NSS volunteers of the college visited Government Hospital, Manimajra to study the garbage disposal system being followed there. The hospital staff was friendly and explained in detail that they use different coloured dustbins for different categories of waste and garbage. Black coloured bins are used for general waste like plastic bottles,

gloves, used glucose bottles, etc. Yellow coloured bins are used to throw blood stained gauze or cotton, expired medicines, x-ray reports etc. Red coloured bins are used to throw medical waste, plastic bottles, used syringes, etc. The general waste is thrown into the large bins placed by MCC which is then collected by the MC staff and taken to the dumping ground for further processing. Medical waste is collected by the staff of a private firm who collects medical waste from all the hospitals in the city and takes it to PGIMER where it is burnt and disposed off under supervision of experts.



11th September' 2017 - Visit to a nearby institution for poor or disabled to study the cleanliness regime

A team of NSS volunteers accompanied by the program officers and other teachers visited the Institute for the Blind, sector - 26, Chandigarh to find out about the systems in place for cleanliness and garbage disposal. The lawns and corridors of the institute were clean and well maintained. The team also visited the institute's kitchen where the lunch for the students was being prepared. The Vice Principal of the institute showed them around and explained that they were using green and blue bins for dry and wet waste/garbage. The sweepers of the Institution take the garbage in a cart to the nearby place assigned by the MCC from where the MC vehicle takes this garbage to the dumping ground. Green bins were kept in the kitchen and blue bins were kept in the yard and classrooms for general waste. Tertiary water is used for the maintenance of the lawns. The team was also taken to the girls hostel where they interviewed the sweepers and enquired about the cleaning routine followed there. Eminent theatre and television personality Savita Bhatti, Swachhta Ambassador from Chandigarh gave certificates to the volunteers on the closing day of the pakhwara for their brilliant efforts.





One Week Dengue Drive

A one week dengue drive was initiated by the NSS volunteers along with UT Health Department. During the drive, volunteers visited all the households in Bapu Dham Colony, Police lines, sector – 26, Chandigarh and other official quarters in sector – 26, Chandigarh. The residents were explained the reasons of dengue larvae breeding and they also made them empty the water coolers and other water containers in their house.





Rally for Rivers

NSS unit in collaboration with Environment society of Guru Gobind Singh College for Women, Sector 26, Chandigarh organized "Rally For Rivers" seminar in the college on 20th September, 2017. Volunteers from Isha Foundation enlightened the students about the importance of rivers. The students were motivated to grow more trees in order to avoid soil erosion and floods. They emphasized on participation for rally for rivers by everyone who consumes water. A poster making and slogan writing competition was also held to highlight the cause of depleting rivers. College Principal, Dr. Charanjeet Kaur Sohi applauded the efforts of college students and motivated them to contribute towards the noble cause.



Diwali Exhibition

A diwali exhibition was put up by the volunteers on 16th October, 2017 in which diwali diyas, candles and decorative items were sold. A part of the sale proceeds was donated to the Institute for Blind and rest of the money was utilized for buying diwali goodies for the underprivileged children.





Rashtriya Ekta Divas

Rashtriya Ekta Divas was celebrated on 1st November, 2017 by the volunteers to mark the birth anniversary of Sardar Vallabh Bhai Patel. Volunteers took out a candle light march to pay tribute to Sardar Patel.



Download of Swachhta App

A team from UT administration visited the campus of 6th November, 2017 and conducted a workshop for the NSS volunteers. Around 100 volunteers attended the workshop and downloaded the Swachhta App in their mobile phones.



Selection of Volunteers for National integration Camp

NSS volunteers Jigyasa and Mukta Garg were chosen for a seven days national level NSS camp held in Rohru, Himachal Pradesh from 6th October, 2017 to 12th October, 2017, where both of them represented Chandigarh along with NSS volunteers from other city colleges.



Blood Donation Camp

NSS activities for the session 2017-18 concluded with the blood donation camp held on the college campus on 13th March, 2018 in which around 65 units of blood were donated by the staff and students of the college.



NSS Special Camp Report
THEME: Hygiene, Swachhta and Digitization
(30th September – 6th October, 2017)

Day one (30th September, 2017)

- Inauguration of the camp was done by assigning duties and responsibilities to the volunteers.
- The volunteers then gathered in the college lawns to begin with the self defence workshop. Senior Constable Mr Sanjay and his team from Chandigarh were appointed to impart self-defence training during the camp.
- Post lunch movie titled “Toilet – Ek Prem Katha” was screened for the volunteers to promote the swachhta the drive initiated by the Government of India.
- In the evening volunteers prepared thank you cards to be given to various service providers as part of Thanksgiving celebration.





Day two (1st October, 2017)

- The second day of the campaign started with self defence workshop for 2 1/2 hours.
- After the workshop, volunteers prepared decorative material for Diwali exhibition.
- After lunch volunteers celebrated Thanksgiving day by presenting thank you cards to various service providers in and around the College campus.
- In the evening volunteers went to Sukhna Lake for Shram Daan Activity. Volunteers cleaned the lawns at the lake picking up the leaves and pieces of paper scattered there.





Day three (2nd October, 2017)

- Day three started with volunteers showcasing their skills in self defence workshop.
- After the self defence workshop, some of the volunteers went to Aashiana – a home for destitute girls. There, NSS team organised a lecture on “personal and menstrual hygiene” for the inmates by Dr Seerat Chiraya, a gynecologist from Govt. Multispecialty Hospital, sector – 16, Chandigarh. Volunteers also distributed packets of sanitary pads to the inmates and discouraged them from using unhygienic clothes during periods. Inmates also discussed their health problems with the doctor.
- In the evening session, volunteers participated in cultural activities on “swachhta and digital India” and “Gandhi ji's principles” to celebrate Gandhi Jayanti and mark the closing of ongoing Swachhta Pakhwara. Volunteers showcased their

talent by presenting skits, Poems and mime. Best performers were awarded on the valedictory function of the camp.





Day four (3rd October, 2017)

- Day four started with the self defence workshop.
- After the workshop volunteers attended a talk on “physical fitness, Sports activities and their health benefits” By sports coaches from Panjab University.
- Thereafter the volunteers participated in quiz and mind games which were organised by the group leaders for the volunteers. Winners prizes after the session.
- During the afternoon session, a first aid awareness workshop was conducted by Mr Sushil Taank from Red Cross Society.
- After that, a talk was conducted on digital awareness and demonstration on SBI buddy and Quick App was given by Ms Neha from SBI.







Day five (4th October, 2017)

- Day five started with self defence workshop.
- After that volunteers went to “Mudra Protsahan Abhiyan” - Digital Mela initiated by honourable Prime Minister of India Sh. Narendra Modi. Smt. Kirron Kher, MP, Chandigarh delivered a valuable speech on digitisation. Sh. V.P. Singh Badnore, Honourable Governor of UT, Chandigarh stressed on becoming job creator rather than a job seeker. He encouraged the volunteers to opt digitisation for modernisation of the country.
- In the evening, volunteers cleaned the common room of the hostel.







Day six (5th October, 2017)

- Volunteers attended the self defence workshop in the morning.
- After that some of the volunteers went to Kartar Aasra- an orphanage and old-age home. Volunteers played various games with children, distributed chocolates and stationery items to the children to celebrate the joy of sharing. Volunteers also cut a cake with the elderly and children.
- In the afternoon session, Ms. Monica Aggarwal from Government College delivered a lecture on financial education and awareness amongst youngsters. She enlightened the volunteers about dos and don'ts of using ATM cards and explain various investment options.
- In the evening, volunteers actively participated in sports events like flat race, relay race, three legged race and skilled race. Winners were given prizes after the event.





Day Seven (6th October, 2017)

- Seventh day started with the concluding lecture of self defence by Senior Constable Sanjay himself. He encouraged the volunteers to raise their voice against injustice and violence. After the session got over the volunteers presented token of appreciation to Mr Sanjay and his team.
- Mr Bikram Rana, State Liaison Officer was guest of honour for the valedictory function. Mr Rana encouraged volunteers to spend at least one hour or perform one activity in a day for a social cause. Later on he gave away prizes To the winners of various activities performed during the camp and also felicitated the best volunteers of the camp.
- Volunteers showcased their talent by giving cultural performances on the final day.

